Medical Fitness

To be eligible as a traffic controller, applicants must satisfy medical fitness criteria.

Eyesight

A traffic controller must:

- Be able to distinguish a vehicle at a distance of approximately 150 metres
- Have visual acuity of 6/12 which would allow a vehicle number plate to be read at a distance of up to 20 metres on a clear day (character size on number plate 77mm x 12mm)
- Have reasonable judgement of speed and distances so that the traffic controller can decide when to exit the path of an oncoming vehicle that fails to stop or slow down as directed
- Be able to distinguish a red coloured disc (of 450mm diameter) from a yellow coloured disc (of 450mm diameter) at a distance of 250 metres on a clear day.

NOTE: Any visual defect which has not been rectified by the use of corrective lenses, or by surgery, should be taken into account by the optometrist/doctor. If the person has mild colour blindness, this should not be a problem for performing traffic control duties, providing the person can pass the Ishihara colour test.

If corrective lenses are worn by the person to meet the above requirements, they must be worn while performing traffic control duties.

Hearing and speech

A traffic controller must be able to:

- Hear a supervisor's instructions, vehicle warning devices and emergency vehicle sirens above normal traffic noise
- Differentiate noises emanating from the left side, right side and behind the traffic controller
- Have sufficient hearing and speech to be able to communicate with other road workers and with road users and via portable communication equipment (such as a two-way radio).

Mobility, endurance and concentration

A traffic controller must be capable of:

- Quickly moving out of the path of an approaching vehicle that does not stop or slow down as directed
- Giving approved traffic control signals whilst standing and holding a STOP/SLOW bat for periods of up to two continuous hours of work
- Setting up and removing temporary road signage at and around a road worksite
- Concentrating on the tasks at hand for periods of up to two continuous hours of work.

